Is your patient fit to sit?

Let’s put a stop to patients lying down on stretchers if they are well enough to sit up

☑ Enhance dignity and respect
☑ Prevent loss of muscle strength
☑ Promote a speedier recovery
☑ Help patients get home sooner

Join the conversation on Twitter at: #Fit2Sit #endPJparalysis
Follow us: @ECISTNetwork @nhsimprovement

https://improvement.nhs.uk
Is your patient fit to sit?

Let’s put a stop to patients lying down on trolleys if they are well enough to sit up

Join the #Fit2Sit movement

- Check if your patient can walk before they are asked to undress
- Prevent loss of muscle strength and aid a speedier recovery
- Enhance dignity for the patient and help get them home sooner

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