Falls Improvement Collaborative
Aim: To reduce the number of Inpatient Falls

Why focus on Falls?
- Ward C3 (Elderly care with specialised Dementia Unit) and Ward C8 (Stroke Unit) because these specialty areas are known to have a high incidence of Falls.
- MDT Falls collaborative team, with the support of the Chief Nurse, have delivered new initiatives Trust wide: ‘Call don’t Fall’, ‘Tag you’re it’, Colour coded wristbands for Mobility Aids to name a few.

Tests of Change:
- High/Low beds now in situ – No injuries from ‘Fall from bed’ in the last two months.
- New One to One (‘Tag You’re It’) badges given out to the Wards to ensure effective increased observations are maintained.
- ‘Grab bags’ (full of patient care essentials) are placed in each patient bathroom – there is now no need to leave an ‘at risk’ patient alone to get something from the store cupboard.
- Some initiatives had to be discontinued as there were concerns about ‘labelling the patient’

No Falls with fractures throughout the whole Trust in August!

Communication, sustainability and spread
- June Falls Week launched with a presentation in the lecture theatre – positive feedback received.
- Individual Ward visits have involved many different types of staff.
- During Falls week, a Falls team representation spent some hours in the main canteen – to raise general awareness.
- Cake baking competition (Falls theme) was judged by the Chief Nurse.
- The new initiatives have been embraced by some Wards – less well by others.
- Each Ward visit was accompanied by an incentive trolley, as well as handing out the new equipment we gave out sweeties and pens and trinkets – so people would remember our visit and what our aims are.

Sustainability and spread
- The new Falls Prevention Training package has been launched in August.
- Trust ‘Falls’ day 27th September.
- Roll out is complete of Mobility Aid Red/Green Wristbands, ‘Tag you’re it’ badges, Grab bags, ‘Call don’t Fall’ signs and Wards will be able to reorder their own supplies of these items. The Falls team monitor usage of these measures during Ward walk arounds and staff training sessions.
- Hub (internal internet) updates to remind people of our work.
- Participation in the RCP National Falls Audit May 2017.
- New monthly Ward specific Falls Audit introduced - to monitor compliance.

Total number of Falls
Sept 16 - Aug 17

- 19th October Enrolled in NHSI Falls Collaborative
- NHSI Falls Collaborative launches
- Pilot projects C3 and C8: L&S BP, W- aids in reach
- Grab bag trial C3
- Falls prevention week 26th June – Launch Trust wide.