

Oxford Health NHS Foundation Trust outcome based commissioning model for mental health: Updated outcome measures

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Background

Oxfordshire Clinical Commissioning Group (CCG) has worked with Oxford Health NHS Foundation Trust (FT) to develop an outcomes based commissioning model for adults mental healthcare. This is based on a capitated payment approach that is linked to outcome measures and was co-developed with experts-by-experience and third party sector partners (Mind, Restore, Response, Elmore and ConnectionFS).

In July 2015, we published details of this local payment example: *Mental healthcare: a capitated approach to payment with outcomes and risk share components*¹. At that time, contract negotiations were still underway and a final list of outcome measures used in Oxfordshire was not available. This document gives the final set of outcome measures and indicators that Oxfordshire CCG and its partners have agreed for its outcomes-based commissioning model for mental healthcare. Providers and commissioners can draw on the approach taken in the local payment example to develop locally meaningful indicators and outcomes measures.

Oxford Health NHS Foundation Trust: agreed outcome measures

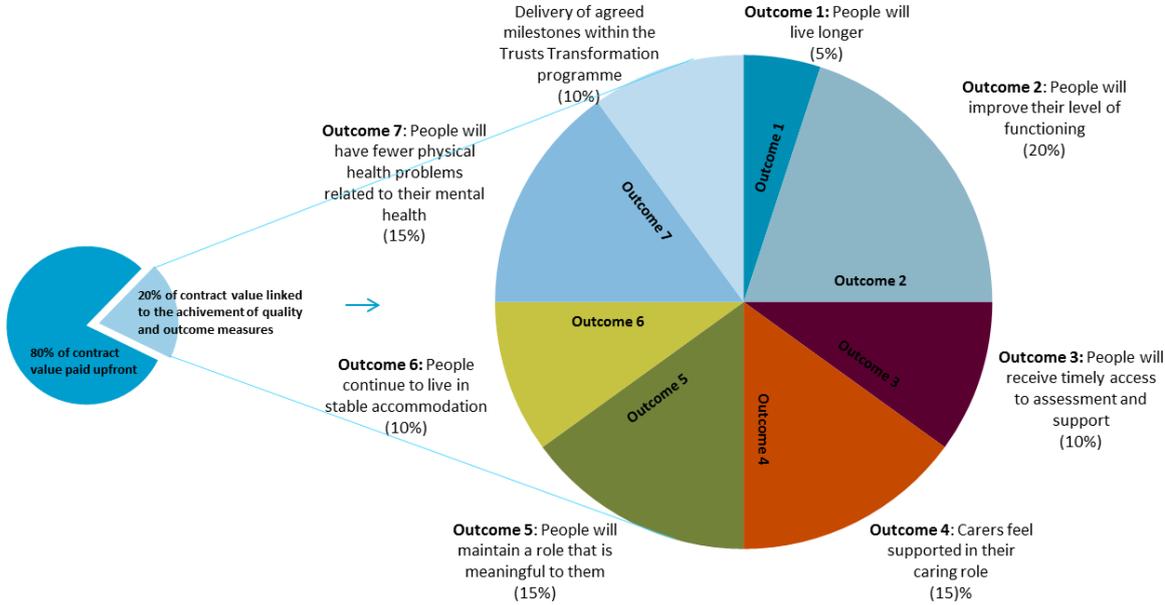
In its capitated contract with Oxford Health NHS FT, Oxfordshire CCG pays 80% of the total capitated contract value upfront, with the remaining 20% linked to the achievement of defined quality and outcome measures. Of this 20%, 0.5% is linked to national commissioning for quality and innovation (CQUIN) payments and 19.5% to the achievement of seven locally developed outcome measures (Figure 1):

- **Outcome 1:** people will live longer
- **Outcome 2:** people will improve their level of functioning
- **Outcome 3:** people will receive timely access to assessment and support
- **Outcome 4:** carers feel supported in their caring role
- **Outcome 5:** people will maintain a role that is meaningful to them
- **Outcome 6:** people will continue to live in stable accommodation
- **Outcome 7:** people will have fewer physical health problems related to their mental health.

¹ This local payment example and others published can be found here: www.gov.uk/government/collections/different-payment-approaches-to-support-new-care-models

The National Institute for Health and Care Excellence (NICE) and other national standards have identified these outcomes as clinically meaningful for service users in clusters 4 to 17. The seven outcomes are underpinned by the supporting indicators listed in Table 1.

Figure 1: Seven outcome measures and corresponding proportions that is linked to payment



As shown in Figure 1 and Table 1, the seven outcome measures (and corresponding indicators) are weighted differently and contribute to different amounts of the 19.5% of the contract value that is linked to the achievement of quality and outcome measures. Both the outcomes and the indicators are fixed over the duration of the contract. In the long term, however, the indicators, but not the outcomes, may change.

Further resources and information

The guidance: *Developing quality and outcome measures for mental health* outlines the framework and steps that can be taken to develop outcome measures. It also proposes an approach for developing a local framework of measures, composed of national and local measures which build on existing examples of best practice.

Further guidance and resources on local mental health payment development and outcome measures can be found in the [mental health payment development webpage](#).

Table 1: Outcome measures: Oxfordshire NHS Foundation Trust outcomes-based commissioning model for mental health

Outcome	Outcome Description	Indicator	Outcome Points*	Indicator Points**
1	People will live longer	Mortality age of the MH adult population (reduction in excess of under 75 age mortality rate)*	5	5
2	People will improve their level of functioning	% aggregated improvement in score on validated recovery evaluation tool (e.g. Star Recovery Tool) amongst service users in clusters 4-17 at most recent cluster review*	20	7
		% of service users in clusters 4-17 under the care of OHFT with a reduction in intensity in HoNOS rating score at their most recent cluster review*		7
		% of service users who have been discharged from OHFT and are not readmitted to hospital at 28 days after discharge		6
		% of service users who have been discharged from OHFT and are not readmitted to hospital at 90 days after discharge		
3	People will receive timely access to assessment and support	Percentage of all referrals to adult mental health teams that are categorised as crisis/emergency where the patient (and carer where applicable) and the referring GP are contacted within 2 hours.	10	10
4	Carers feel supported in their caring role	% of identified carers who are, as a carer, satisfied with the care and support s/he receives as a carer	15	7.5
		% of identified carers who are satisfied with the care and support received by the person s/he cares for		7.5
5	People will maintain a role that is meaningful to them	50% of service users in paid employment, undertaking a structured education or training programme or undertaking structured voluntary activity	15	15
		with at least 33% of those, in paid employment		
6	People continue to live in stable accommodation	[x] % of service users living in stable accommodation	10	10
7	People will have fewer physical health problems related to their mental health	% of current service users in clusters 4-8 whose impact on the urgent care system will reduce	15	5
		% of service users with BMI between 19 - 25		5
		% reduction in the prevalence of smoking amongst the service user population under the care of the contract		5
Delivery of agreed milestones within the Trusts Transformation programme e.g. recovery college/SILS			10	10

*Outcome points: In total there are 100 points and each of the seven outcome measure represents a proportion of that total (19.5% of the total contract value) that is linked to payment. E.g. outcome 2 has 20 outcome points and this represents 20% of the total contract value (payment) that is linked to the achievement of outcome 2 (people will improve their level of functioning).

** Indicator points: Each of the seven outcome measures are based on indicators, which are based on different proportions. For example; outcome 4, represents 15% of the total contract value (payment) that is linked to this outcome measure. This outcome is made up of two indicators of equal proportions of 7.5 points each.