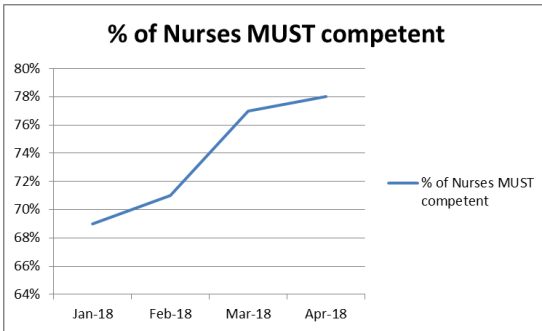


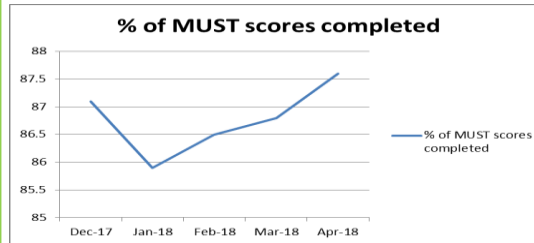
Numbers of QEHB RN's competent to do MUST

- Target: 90% all registered nurses trained in nutritional screening by Q4.
- **April 2018 results are now 78% of 834 registered nurses are assessed as MUST competent**



Number of MUST scores completed QEHB wide

- 95% all patients should undergo nutritional screening within 6 hrs of admission
- **April 2018 results are 87.6% showing clear improvements since January 2018**



Trust wide Nutrition Audit: Nutrition and Hydration.

- 38 wards/departments completed the audit
- 372 patients were audited

Results

- There was evidence on 16 wards that patients were encouraged to eat socially.
- There was evidence of carers/visitors helping at mealtimes on 31 of the wards.
- Non-urgent clinical procedures were observed to be taking place during the mealtime on 5 wards.



March 2018 Mini Audit: Accuracy of MUST and dietetic referral and using estimated weights

Spot audit of 9 QEHB wards/departments illustrated:

Before Nutrition week training:

- 40% of 57 referrals were accurate.
- 41% used estimated weight.

After Nutrition Week training:

- 54% of 57 referrals were accurate.
- 25% used estimated weight.

This suggests MUST scoring is increasingly accurate.

a) QEHB wide results for questions about patient records

Question	Yes
Is the patient's weight documented in PICS within 6 hours of admission to the ward? (n=359)	87%
If it is not possible to weigh the patient, has the patients mid upper arm circumference (MUAC) been measured? (n=130)	45%
Is MUST/nutrition recorded within 6 hours of admission to the ward? (n=370)	94%
Is the MUST/nutrition score (completed on admission to the ward) accurate? (Rescore to check) (n=365)	86%
If applicable, has the MUST/nutrition score been repeated within 7 days of admission (or sooner if patients condition changed)? (n=263)	95%
Has the patient received supplements as prescribed? (n=145)	89%
Is the food diary fully completed? (Check completion of up to 72 hours before time of audit) (n=139)	69%
Has the patient been referred to the dietitians if required? (n=172)	83%
If the patient has diabetes, is there evidence they have had insulin pre meal if required? (n=56)	63%

b) QEHB wide results for questions about observations

Question	Yes
Is patient sitting up, supported, comfortable and prepared for their meal (whether in bed or a chair)? (n=337)	99%
Is table clean and cleared of any inappropriate items before the meal? (n=342)	96%
Does patient have access to a fresh water jug (with lid)? (n=341)	99%
Is patient able to reach their drink? (n=336)	98%
Is patient able to reach their meal? (n=332)	98%
Is patient given support to cut food up/open packages? (n=177)	98%
If patient is not able to pour own drinks, do staff help them to do so? (n=181)	86%
If required is the patient provided with adapted cutlery/ plate guard/ non slip mat/ drinking vessel? (n=54)	89%
Did the patient get fed if needed or receive the assistance they required? (n=119)	97%
Is there evidence the patient received red tray/jug? (n=97)	78%