Our creative and innovative practice highlights

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With all of us in mind.
Awards

Staff achievements day
We held a day to celebrate staff achievements which included learner awards, long service awards (25 and 40 years) and our own internal Excellence awards. The Excellence awards brochure and evaluation have been supplied separately. Films that showcase the service award entries can be viewed on our YouTube playlist.

Award success for our work on women’s wellbeing in forensics service
Our women’s pathway team was chosen as the winner in the ‘Improving care through innovation or improvement’ category of Yorkshire and Humber Academic Health Science Network’s Innovation, Improvement and Impact awards. The team vastly improved the way care is delivered for women in the Trust’s medium secure unit, Newton Lodge. Their work has seen a typical stay drop by 3.4 years since 2015, meaning women are recovering quicker and are able to return to their communities and families sooner. Read more

Police liaison scheme receives commendation from West Yorkshire Police - also shortlisted for HSJ award
The Kirklees police liaison scheme has been judged by the West Yorkshire Police assistant chief constable’s panel and awarded a special commendation. The scheme was also shortlisted in HSJ awards for innovation in mental health. The police liaison scheme involves mental health nurses working alongside officers at Halifax and Huddersfield police stations to recognise the signs of mental illness. This ensures fewer people with mental health conditions are placed on Section 136 of the Mental Health Act, held in a cell or admitted to A&E when there are more appropriate ways of providing health care for them. Read more
The Kirklees service has also recently been given extra funding from the CCG for an additional mental health practitioner.

Regional award for end of life professional
Katie Yockney, practice educator in our end of life care team, picked up the palliative/end of life care gong in the regional Great British Care Awards 2016. The judges said that Katie showed a real passion and enthusiasm for the work she does. Her person-centred approach and getting to know the individual is clearly important to her which no doubt has a positive impact on the work she does and how those individuals feel. Read more

Sheffield Smokefree shortlisted for HSJ Value in Healthcare award
A move from a city centre office to Moor Market has helped Yorkshire Smokefree save cash and increased the number of quitters. The service has been shortlisted in the ‘improving value through innovative financial management or procurement category’ of the HSJ Value in Healthcare awards. The team’s move from a city centre office to the Moor Market saw the Trust save over 70% and support almost 100 people in the three months following the move, a 6% increase from last year. 41.4% of clients have gone on to quit, well above the national average quit rate of 35%. Read more

Kirklees recovery college given Volunteering Quality Award
Kirklees recovery college was commended for its volunteering by being given the Kirklees Volunteering Quality Award. This local award, managed by Volunteering Kirklees, is awarded to organisations to show that they involve volunteers in ways that have been
agreed as good practice by Volunteering Kirklees and Kirklees Council. Receiving the award means that we are recognised as a good place to volunteer and recommended through the local volunteering office.

**National recognition for Barnsley nurse**

A health visitor from Barnsley was nationally recognised for her work to provide an inclusive and supportive health visiting service to vulnerable, hard to reach families in the district. Kate Markham made the shortlist of ‘Celebrating Public Health Excellence 2016’, which celebrates unsung public health heroes who make a difference every day to health and wellbeing in their communities. Kate has been central to Barnsley’s roadside outreach early years service, a programme run jointly with local authority colleagues for the traveller community. The programme allows for families to be assessed quickly in order to identify their health and educational needs, and builds positive relationships with health, education and early years services. [Read more](#)

**RightCare Barnsley wins HSJ award**

RightCare Barnsley won a Health Service Journal (HSJ) Value in Healthcare award in the clinical support services category. The programme, which is run collaboratively between Barnsley Clinical Commissioning Group (CCG), Barnsley Hospital and our Trust helps people get the treatment and care that they need without being admitted to hospital thanks to a co-ordination service for GPs and other healthcare professionals. Over 1000 patients whose care has been co-ordinated through RightCare Barnsley have avoided being admitted to hospital over the past 10 months since the service started. [Read more](#)

**Laura Mitchell Centre wins award**

Our Laura Mitchell health and wellbeing centre in Halifax won an award for the innovative design of their building, in collaboration with IRV Construction. We invested £6.2m into the new development which has seen the former centre demolished and transformed into a dedicated hub that supports local people’s health and wellbeing. The centre delivers mental health and community services, providing a single point of access for both children and adults. The Laura Mitchell Centre is home to CAHMS, adult mental health, community and older people’s services as well as providing a base for other members of our staff.
Accreditations

Trust recognised for customer-centred care
We were re-accredited against the Government’s customer service excellence (CSE) standard for the fourth year in a row. The standard is a nationally recognised award for good practice across a range of criteria including understanding customer needs, staff professionalism and attitude, delivery outcomes and working with partners. As part of the assessment process, staff and service users took part in interviews and sessions with the visiting assessor. The final report highlighted that members of our staff displayed a convincing pride, dedication and passion for their work and were very enthusiastic to make sure that a first class quality of service was maintained at all times. Read more

Calderdale and Wakefield ECT units accredited for 8th consecutive year
Calderdale and Wakefield (Briarfields) ECT (electroconvulsive therapy) units were awarded the accolade by ECTAS (ECT Accreditation Service) following a review by specialist practitioners throughout the UK. Read more

Kirklees memory service reaccredited
Following an interim review, our service continues to be accredited up to January 2018. Calderdale are due to begin the process of being reaccredited in July 2017.
Sharing good practice

Prof Don Berwick impressed by our Portrait of a life
Our Portrait of a Life training resources are part of the Wakefield Connecting Care Home Vanguard. They provide a focussed approach to workforce development in care settings in understanding the need for person centred care. Our work was recently shared with Professor Don Berwick, the global guru on health care quality and improvement management who got to hear how it’s making a real difference to the lives of some of our most vulnerable service users. Professor Berwick said it was ‘mind blowing’ what he had heard and seen. The work was also presented as part of NHS England’s Care Home Vanguard webex session where Vanguards share their learning and good practice with other NHS organisations across the country. We are also taking part in the Radio 4 Today programme, sharing examples of Portrait of a Life good practice undertaken at Croftlands, an assisted living home.

Innovating through creativity
Our Creative Minds team shared their expertise nationally on how creative activities can play a powerful role in healthcare. Creative Minds has been part of the Realising the Value programme, funded by NHS England and delivered with NESTA and the Health Foundation. The programme is about promoting self-help and engaging communities in healthcare, helping deliver chapter 2 of the NHS Five Year Forward View. Read more

Deputy director of nursing becomes first nurse president of international forensic association
Dr Michael Doyle, our deputy director of nursing, clinical governance and safety and the first nurse to be elected president of the International Association of Forensic Mental Health Services (IAFMHS), presided over the organisation’s annual conference in New York City in June. Read more

Dance and dementia doctor moves to the world wide web
Leading UK specialist in dance movement psychotherapy, Dr Richard Coaten, hosted a special webinar broadcast in over 20 countries. Dr Coaten founded our Centre of Excellence in movement, dance and dementia, which aims to equip health professionals working in dementia care with the knowledge and skills to explore the use of movement and dance. Read more

BBC One Show showcases Trust ‘leading the way’
In November 2016 millions of people across the country got to see the Barnsley integrated community equipment service on BBCs The One Show. The team was featured as part of an on-going campaign by presenter Kev Duala to save the NHS money by recycling equipment such as crutches as well as other home and mobility aids. The One Show came to the depot at Grange Lane Industrial Estate in Barnsley to highlight how the Trust is ‘leading the way’ in recycling 93% of kit, saving the NHS thousands each year. During 2015/15, 16218 equipment items were collected by the service. Of these only 1321 required to be scrapped as unfit to be re-issued. This then enabled 14897 equipment items to be reissued back into the local community. On average if the equipment had to be purchased new, this would have cost the NHS £332,086 during 2015/16. Read more
Creative Minds at NHS Expo
Our Creative Minds team shared their expertise on how creative activities can play a powerful role in healthcare at this year’s NHS Health and Care Innovation Expo.

Sharing our approach to innovation
We presented at the IHI/BMJ International Forum on Quality and Safety in Healthcare conference in Singapore about our crowdsourcing approach to improvement/innovation and joined the conference via Skype – we received great feedback and interest. Similarly we presented some innovation/recovery work (Recovery colleges, forensic volunteer pilot and creative minds) at the microsystems coaching academy in Sheffield and have forged the beginnings of a working relationship.

Dance movement psychotherapist takes steps on world stage
One of our psychotherapists presented her research worldwide after being chosen to speak at an international conference in Milan. Following a rigorous selection process, Mary Coaten, who is currently studying for a PhD looking at the impact of dance movement psychotherapy in psychosis at Durham University, was invited to present at the annual European Association Dance Movement Therapy Conference 2016. Read more

Forensic CAMHS goes international
Dr Abdullah Kraam, clinical lead for our forensic child adolescent and mental health service (CAMHS), Bekki Whisker, service manager, and Paula Phillips, general manager, shared their knowledge and expertise at an international conference in Porto, Portugal. Read more

Our Mental Health Museum gets affiliated
The Happy Museum Project is about maximising the role of museums in community wellbeing. Our Mental Health Museum has been selected as an affiliate of the project. This means it’s now part of a learning network, alongside other museums, which will explore the role of museums and culture in addressing big issues in society, including that of mental health.

Enabling mothers during inpatient stays
A stay on a mental health ward can be a stressful and disruptive time for both service users and their families. A team of our occupational therapists (OTs) wanted to show how occupational therapy can support mothers and families during their time on a ward. So, the team worked with mothers on the ward to empower them to maintain their parental role, develop positive coping strategies and prepare for when they are discharged. An overview of this work was presented at the College of Occupational Therapists’ 40th annual conference. Read more

Trust safeguarding lead to be keynote speaker at international conference
Julie Warren-Sykes will be one of three speakers at the International Association of Forensic Mental Health Services Conference in Split, Croatia in June 2017. Julie was selected by the conference scientific committee from a short list ahead of a number of very distinguished speakers with international reputations.
Bids

Perinatal community health team
We won a £2.1m NHS England contract to set up a new perinatal community health team. The two year funding from NHS England is being used to support communities in Barnsley, Calderdale, Kirklees and Wakefield. It will be aimed at women with serious perinatal mental health issues such as depression, psychosis and some anxiety related conditions. The team will also work with community groups who are already involved in supporting women during this time.

Perinatal training
We’re receiving £17k extra funding from Yorkshire and Humber Clinical Networks for perinatal mental health training in advance of our new community service.

Wakefield social prescribing service
Our bid with Nova to provide a social wellbeing service in Wakefield was successful. This is a £420k contract over four years with Wakefield Council.

£10m-a-year contract win to provide children’s healthcare in Kirklees
Our Trust is one of four healthcare providers to be awarded the £10m-a-year Kirklees healthy child contract. Read more

Young Offenders Institution
We’ve won £100k from NHS England to look at psychologically informed environments at Wetherby Young Offenders Institution

Alliance coordinator
We successfully bid to NHS England to become the ‘alliance coordinator’ across South Yorkshire for liaison and diversion services – this will be funding for one post.

Kirklees & Calderdale are early implementers for integrated IAPT
NHS England has named Kirklees and Calderdale as early implementers in integrating mental and physical health care, with IAPT now planning integrated pathways for COPD care, cardio vascular disease, diabetes & pain management. Read more
Service delivery and innovation

i-hub
We launched ihub - our an online space for sharing and developing ideas together. Hundreds of staff have joined and are sharing their ideas and comments. Many ideas and developments are now in train and all fall in to one of our strategic challenges, are director sponsored (ground up meets strategically led) and ‘assessed’ against our 3 organisational priorities.

Pioneering approach to our workforce
A new model for the workforce across our secure estate is delivering both cost improvements and better career opportunities. We are pioneering a new approach which sees staff at bands 2 and 4 added to the workforce, a model which is rarely seen across the NHS. The trust's secure mental health services are piloting the approach. There are many benefits to the model. It frees up band 5 nurses to focus on more high level work, provides unregistered professionals with a career path and makes a financial saving. Read more

Autism checklist endorsed by NICE
Our Trust is leading the way in helping people with autism to access treatment. Many people with autism can experience difficulties with ‘unfriendly’ environments. For example, patterns, bright colours or fluorescent lighting can be distressing. Our new checklist for autism-friendly environments, which has just been endorsed by NICE (National Institute of Health and Care Excellence), helps practitioners find ways to make environments less stressful. Read more

NHS and schools work together to support on mental health
A new service in Barnsley helps children with mental health problems get help sooner. Specialist mental health practitioners from our child and adolescent mental health services (CAMHS) work alongside school therapy teams to help children with problems such as low level anxiety and depression. Led by Springwell Academy, the service will see three dedicated mental health practitioners support nine secondary schools across Barnsley. These specialists will train teachers and school therapy staff on how to support children with mental health problems as well as working directly with children themselves. It will offer a comprehensive training programme for staff and young people as well as consultation for school staff. Read more

Cook and Eat cookbooks
Our specialist cookbooks for people with learning disabilities have been re-launched and sold on Amazon with circa 500 units sold in the last 2 months.

Second admiral nurse for Wakefield
Admiral nurses are a Dementia UK initiative. They are specialist dementia nurses who give expert practical, clinical and emotional support to families living with dementia to help them cope. A second admiral nurse for the east of Wakefield will join an existing nurse who covers the west of the district. Both posts are funding 50% by Dementia UK and 50% by the Trust.
Forensic CAMHS team improve young people’s criminal justice pathway

Our CAMHS carried out a two-month project focused on getting better results for children and young people who are in contact with the criminal justice system or victims of sexual assaults. The team identified a wide range of issues and ideas around key elements of the system, such as liaison and diversion services, secure estate for children and young people and youth offending teams. They also looked at the help and support offered to children and young people who have been victims of sexual assaults, specifically at sexual assault referral centres. Their aim was to improve the routes into, out of, and between these services, pinpointing the crucial role that forensic CAMHS can play in the pathway. Their findings were used to develop a number of recommendations in order to fill gaps in the system, highlight good practice, and successfully help young people back into the community.

Tele-health improving quality of life in Bassetlaw

Our telephonic health services in Bassetlaw are making big improvements to patients’ quality of life. They have also contributed to saving the NHS money through less people attending accident and emergency and being admitted to hospital. Read more

New pathways for older people in Kirklees

Our new single agreed pathway across primary, secondary and third sectors is helping to improve access for community and primary care clinicians in Kirklees. This means that patients with cognitive impairment and their carers can get care and support in a timely manner by the right people throughout their care journey. Clear care pathways have been developed, taking into account the different routes of referrals and the various types of dementia and cognitive impairment presentations. This new care pathway enables a seamless process and has created an improved and innovative way for us to provide services closer to home. The pathways empower primary care clinicians to diagnose patients confidently without referral when appropriate, and ensure patients and their carers are able to access support throughout their care journey. These pathways and support guidance have been presented in Yorkshire and Humber strategic clinical network meetings. The guidance has also been collated and merged with a Yorkshire-wide guidance and a mobile phone app for primary clinicians. It has also been picked up by other regions who are taking the principles of the initiative and adapting the pathways and guidance to suit their own local needs.

Learning disability services transformation

Our adult learning disabilities teams have made tremendous progress this year transforming our services to improve health outcomes for local people. This has been all about reducing health inequalities, minimising inpatient admissions by providing care closer to home and helping people with learning disabilities access mainstream health services. We’ve worked extremely closely with our commissioners across Wakefield, Calderdale, Kirklees and Barnsley as well as our local authority colleagues to create a transformed service which truly puts people at the heart of care. Our new ways of working mean that for the first time referrals all come in to one point and teams across a range of disciplines work together to decide the best treatment for people. We’re working more closely than ever before with our partners in GP practices hospitals and the community too.
**Reminiscence pods**
Service users at the Poplars unit in Wakefield are benefiting from a good dose of nostalgia. The pods are pop up reminiscence rooms and work by turning any care space into a therapeutic and calming environment. [Read more](#).

**Physical activity development team (PADT) in Barnsley**
Our PADT are imbedding physical health (including cardio metabolic rates) into regular practice and ensuring cohesiveness with other services such as cardiac rehab. They are also offering a number of volunteering opportunities within the PADT enabling volunteers to gain professional accreditations and training.

**Informal Learning Programme run by our Mental Health Museum**
This provides a range of activities and workshops with inpatient community, along with a range of external funding bids for a variety of innovative projects.

**Fab Change Day**
We made an organisational pledge, as well as individual pledges, as part of national Fab Change Day. We committed to embedding Dr Kate Granger’s ‘hello my name is’ campaign across our organisation. As part of this, we also decided to help staff find out more about each other’s roles via a shadowing programme. We’re also linked to the national Academy of Fab Stuff.

**Peer support and lived experience**
We have been embracing the peer agenda and lived experience in our workforce. We have a Trust steering group and have appointed three peer workers in Wakefield, alongside peer volunteers across the Trust. We have are looking at embracing our lived expertise within the general workforce and asked questions about this in our wellbeing at work survey. We’ve also been working with the national research programme ENRICH around peer support.

**Calderdale armed forces veteran network**
We have set up a new service for the armed forces, veterans and their families. The group, run by ex-military healthcare professionals, meets every Wednesday to provide support, advice and company. [Read more](#).
Estates

New Wakefield and Pontefracts hub
Our brand new mental health and community services centre in the heart of Wakefield opened its doors to the public on 21 November 2016. Read more A £2.7m new hub is now also open in Pontefract. The £6.2m Laura Mitchell Hub in Halifax opened last Christmas and the £1.7m refurbished New Street Centre in Barnsley opened last autumn.

£16m redevelopment of Fieldhead hospital begins
A ground breaking ceremony marked the start of the £16m project. Read more

Kendray Hospital's new log cabin
A unique log cabin has opened at Kendray Hospital to help towards improving the wellbeing of people who use our services. The new building will be used as a place to meet informally in a relaxed setting, as well as a base for outdoor activities such as gardening and exercise. Read more
Events

**Suicide prevention patient safety event**
Our practice governance coaches Lisa Connor, Daryl Thompson and Caroline Rogers hosted a patient safety event on suicide prevention. Rob Webster, our chief exec, gave a powerful personal perspective on suicide, building a safety culture and values based leadership. Mike Doyle, deputy director of nursing, clinical governance and safety, talked about the suicide prevention work underway across West Yorkshire and the principles of the Zero Suicide approach. Dr Mike Ventress highlighted key elements of the Trust’s suicide prevention strategy and Dr Raghu Vutla presented a case study of an incident that a clinical team experienced, including the important lessons learned.

**Bringing together experts in young people’s forensic services**
We held a leading-edge conference on harmful sexual behaviour (HSB) in children and young people. Experts from a range of organisations, including Bernardos and University College London, covered a wide range of issues. This included HSB in girls and people with learning disabilities, as well as the most recent understanding and research on interventions. The conference was sold out with over 75 professionals from across the country.

**Dementia Friendly Lindley event**
We worked with the Kirklees Dementia Action Alliance to support a day of activity to raise awareness of dementia and Alzheimer’s in Lindley, Huddersfield. The day was a great success with many people turning out for the activities and events. Our Admiral Nurses delivered a session Lindley Junior School during their school assembly and one of our consultants held a coffee morning for the school children and their parents to talk about dementia. The Admiral Nurses have been asked if they will return and do a session to the Year 6’s as part of their enhanced curriculum. We also held a drop in session for memory questions, hosted information stalls and a masterclass in the board room at the infirmary.

**Lodgefest**
This year’s forensics festival “Lodgefest” took huge strides in breaking down barriers, between staff and service users, and across our entire secure estate. For the first time ever, the festival was open to people from both our low and medium secure units as well as our secure learning disabilities unit. There was a 5-a-side football tournament with teams made up of staff and service users and activities in the afternoon including a rodeo bull, face painting, coconut shy, acoustic open mic tent, a barbeque and curry. Read more

**Strategy refresh events**
We held five events to help refresh our strategy, attended by staff, service users and carers. That meant looking again at who we are as an organisation and where we’d like to go. We also ran an online survey. All the views were fed into our strategy development.

**World mental health day**
We got behind this year’s event with a wide range of activities. Read more

**Calderdale safeguarding week**
Our IAPT and CAMHS teams came together for this week, hosting an information stall in the town centre and a stress control course on a barge in Brighouse.